R. 4/2021

Independent Living Readiness Checklist

The decision to transition a youth to a scattered site apartment program will be at the discretion of the social worker. All youth placed in a scattered site program must be at least 18 years old. In determining the youth’s readiness to live independently, the worker should consider a variety of factors, including whether:

* The youth has earned their high school diploma or GED.
* The youth is currently in compliance with the expectation to be working and/or attending   
   school.
* The youth has demonstrated the ability to complete minimal basic life skills tasks such

as cooking meals, housekeeping, and maintaining home safety and sanitation.

* The youth has completed the LYFT independent living curriculum and received the

incentive.

* The youth has been stable in their current placement for at least three months.
* The youth is currently not placed in a residential placement setting.
* The youth has demonstrated the ability to properly administer their medication and tend to

their other mental/physical health needs.

* The youth has created an ifoster account and saved their vital documents in a digital

locker.

* The youth has completed a career assessment.
* The youth has a state identification card, an original social security card, and

birth certificate.

* The youth has signed their Transitional Living Agreement.

Comments:

Youth’s Name