**Rights and Responsibilities for Parenting Youth and Caregivers**

TheParenting Together Plan (PTP)is an agreement between the parenting youth and the foster parent(s)/caregiver(s) describing how everyone will share the rights and responsibilities of parenting. For example, a schedule is completed outlining who will care for the child at specific times each day; who is responsible for feeding, changing, bathing, buying items for the child; how the parenting youth and the caregiver will resolve any disagreements about the child’s care, etc. (see attached document) The plan can be revised as the child’s and the parenting youth’s needs change.

An infant/child of a parenting youth in foster care should not automatically be placed in the custody of the Cabinet for Health and Family Services (Cabinet/CHFS). Parenting youth in out-of-home care (OOHC) should have the same right to retain custody of their child(ren) as a youth who is not in OOHC. However, there may be circumstances in which it is appropriate for both the parenting youth and their infant/child to be in the custody of the Cabinet. This is true when there are concerns about the parenting youth’s ability to care for their child, when maltreatment has occurred, or if the youth needs in-patient or residential treatment where the infant/child cannot be placed. It is the parenting youth’s responsibility to provide adequate care for the infant/child. This includes remaining safely in the placement (not running away), and ensuring that the infant/child is always in the care of an appropriate, responsible party. If the Cabinet seeks custody or the parenting youth’s infant/child, the youth will have an opportunity to complete a case plan designed for the youth to regain custody of the infant/child.

Parenting youth have the right to speak to their attorney (GAL) at any time pertaining to their child. The social worker or caregiver can assist with the process.

CHFS must try to find a placement where the parenting youth and their child can live together and receive the support needed to be successful. CHFS provides extra compensation for foster parents or other caregivers who are caring for a parenting youth and their child. Parenting youth are permitted to share a bedroom or living space with their child.

The social worker and caregiver will help the parenting youth apply for the following benefits for their child:

1. Social Security card;
2. Birth certificate;
3. Services such as child care assistance and other programs through family support at: <https://benefind.ky.gov/>;
4. Paternity/child support (if needed);
5. WIC vouchers;
6. Referral to HANDS/First Steps (if needed); and
7. Referral to Family First prevention services (if needed).

The foster parent/caregiver will offer opportunities to exercise parenting skills and they will remain supportive to the parenting youth and their child. The Parenting Together Plan identifies everyone’s roles and helps with this process.

Daily rates shall be paid directly to the foster parent and shall not cover administrative costs with the exception of private child caring facilities.

I understand the rights and responsibilities of this agreement.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parenting Youth Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Caregiver Date

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| --- |
| REMINDERS FOR YOUTH PARENTS:Every **baby** needs their own Safe Sleep Space. Create a safe sleep space by following the **ABCD**s * **Alone**: Babies should always sleep alone. There should never be anything else in a baby’s sleep space except for the baby. A pacifier is permissible if the baby uses one, but if breastfeeding, please wait until breastfeeding is well established. Pacifiers should not be attached to a string, cord, stuffed animal, or anything else.
* **Back**: A baby should always sleep on his/her back for every sleep both night time and naps. Back sleeping on a firm surface reduces the risk of sudden unexplained infant death syndrome (SUIDS).
* **Crib**: A baby’s crib should contain a fitted sheet only; no blankets, toys, pillows, bumpers, or other items that could cover a baby’s face and suffocate them. Cribs, bassinets, and pack & plays with firm mattresses are the only safe places for babies to sleep.
* **Danger**: Being tired, sleepy, exhausted, or under the influence of alcohol or drugs (including some prescriptions) impairs one’s ability to care for a baby, making bed sharing and other unsafe sleep practices more dangerous. Smart phones and other devices can take away from adequate supervision and lead to safety issues. They also reduce face-to-face interaction that is vital to a baby’s emotional and intellectual development.

If you do not have a crib, bassinet, or pack & play for your baby and cannot afford one, please check with Cribs for Kids at **https://cribsforkids.org/our-partners/,** or call your local health department.* Do not overheat a baby. If you are comfortable in light clothing, the baby will be too. Keep the room temperature at a comfortable setting for you.
* If your baby does require an extra layer for warmth, dress him/her in layers such as a onesie and a footed sleeper, or use a sleep sac over their clothing. Blankets should not be used in the bed for warmth.
* Your baby may not stop crying no matter what you try. If you need to take time to calm yourself, place your baby in a safe sleep space (**Alone**, on their **Back** and in their **Crib**) and check on them every 15 minutes.
* Keep your baby away from cigarette smoke, which includes e-cigarettes. This is a good time to make your home and car smoke free.
* Provide “Tummy Time” for your baby every day, while they are awake and an adult is watching. This helps with muscle development.
* A baby should never sleep in a car seat, swing, infant seat, adult bed, couch, chair, or any other item not designated for infant sleep. 

**Call the parent Support line at 1-800-244-5373 or talk to your baby’s doctor; No matter how frustrated you get, NEVER, NEVER, NEVER shake a baby**. |

SHARED PARENTING WORKSHEET

CASE NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

YOUTH NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

LOCATION: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TIME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Invited Participants (Participant Checklist):

\_\_\_\_\_ Parenting youth

\_\_\_\_\_ 2nd parent to the child

\_\_\_\_\_ Foster parent/caregiver

\_\_\_\_\_ Social worker

\_\_\_\_\_ Therapist/case manager

\_\_\_\_\_ HANDS/First Steps

\_\_\_\_\_ Independent living coordinator

\_\_\_\_\_ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Worksheet to be completed with parenting youth within first thirty (30) days of placement and every six (6) months for the duration of the case. If there is a disagreement noted, it can be changed, or altered to meet the youth’s current situation. All participants receive a copy of the worksheet.

Responsibility Chart

Parenting Youth/Foster Parent Initials Next to Responsible Party (Specify A.M./P.M. if there are different people handling different times of the day)

Monday:

\_\_\_\_\_\_\_ Feeding \_\_\_\_\_\_\_ Naps/bedtime

\_\_\_\_\_\_\_ Baths \_\_\_\_\_\_\_ Developmental time for learning

\_\_\_\_\_\_\_ Supervision \_\_\_\_\_\_\_ Discipline

\_\_\_\_\_\_\_ Diaper changes \_\_\_\_\_\_\_ Decision-making while youth is away

\_\_\_\_\_\_\_ Medical care \_\_\_\_\_\_\_ Picking up toys/belongings

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Tuesday:

\_\_\_\_\_\_\_ Feeding \_\_\_\_\_\_\_ Naps/bedtime

\_\_\_\_\_\_\_ Baths \_\_\_\_\_\_\_ Developmental time for learning

\_\_\_\_\_\_\_ Supervision \_\_\_\_\_\_\_ Discipline

\_\_\_\_\_\_\_ Diaper changes \_\_\_\_\_\_\_ Decision-making while youth is away

\_\_\_\_\_\_\_ Medical care \_\_\_\_\_\_\_ Picking up toys/belongings

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Wednesday:

\_\_\_\_\_\_\_ Feeding \_\_\_\_\_\_\_ Naps/bedtime

\_\_\_\_\_\_\_ Baths \_\_\_\_\_\_\_ Developmental time for learning

\_\_\_\_\_\_\_ Supervision \_\_\_\_\_\_\_ Discipline

\_\_\_\_\_\_\_ Diaper changes \_\_\_\_\_\_\_ Decision-making while youth is away

\_\_\_\_\_\_\_ Medical care \_\_\_\_\_\_\_ Picking up toys/belongings

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Thursday:

\_\_\_\_\_\_\_ Feeding \_\_\_\_\_\_\_ Naps/bedtime

\_\_\_\_\_\_\_ Baths \_\_\_\_\_\_\_ Developmental time for learning

\_\_\_\_\_\_\_ Supervision \_\_\_\_\_\_\_ Discipline

\_\_\_\_\_\_\_ Diaper changes \_\_\_\_\_\_\_ Decision-making while youth is away

\_\_\_\_\_\_\_ Medical care \_\_\_\_\_\_\_ Picking up toys/belongings

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Friday:

\_\_\_\_\_\_\_ Feeding \_\_\_\_\_\_\_ Naps/bedtime

\_\_\_\_\_\_\_ Baths \_\_\_\_\_\_\_ Developmental time for learning

\_\_\_\_\_\_\_ Supervision \_\_\_\_\_\_\_ Discipline

\_\_\_\_\_\_\_ Diaper changes \_\_\_\_\_\_\_ Decision-making while youth is away

\_\_\_\_\_\_\_ Medical care \_\_\_\_\_\_\_ Picking up toys/belongings

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Saturday:

\_\_\_\_\_\_\_ Feeding \_\_\_\_\_\_\_ Naps/bedtime

\_\_\_\_\_\_\_ Baths \_\_\_\_\_\_\_ Developmental time for learning

\_\_\_\_\_\_\_ Supervision \_\_\_\_\_\_\_ Discipline

\_\_\_\_\_\_\_ Diaper changes \_\_\_\_\_\_\_ Decision-making while youth is away

\_\_\_\_\_\_\_ Medical care \_\_\_\_\_\_\_ Picking up toys/belongings

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Sunday:

\_\_\_\_\_\_\_ Feeding \_\_\_\_\_\_\_ Naps/bedtime

\_\_\_\_\_\_\_ Baths \_\_\_\_\_\_\_ Developmental time for learning

\_\_\_\_\_\_\_ Supervision \_\_\_\_\_\_\_ Discipline

\_\_\_\_\_\_\_ Diaper changes \_\_\_\_\_\_\_ Decision-making while youth is away

\_\_\_\_\_\_\_ Medical care \_\_\_\_\_\_\_ Picking up toys/belongings

Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Does the parent receive services to support parenting, such as HANDS or other parent education programs?

Yes \_\_\_\_\_ No \_\_\_\_\_

If appropriate, who will link the parenting youth to a program: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Positives parenting remarks:

Additional needs identified by youth, caregiver/foster parent:

**Parenting goals are designed to begin with goals identified by the youth. They are typically centered on self-sufficiency, delays in subsequent pregnancies, housing stability, establishing healthy relationships, and/or financial stability. The youth will work with the team to develop a plan with support of the foster parent/caregiver.**

PARENTING GOAL #1:

Outcome/plan:

PARENTING GOAL #2:

Outcome/plan:

PARENTING GOAL #3:

Outcome/plan:

Changes or additions to household rules / expectations/ chores:

Upcoming events / obligations:

Announcements:

Signatures of participants:

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Date: \_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Resolve Parenting Disagreements Together**

This form is for resolving disagreements or preferences about caregiving such as: when to start solid foods, bedtime routines, discipline, etc.

Date of observed behavior(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Time of day: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Child’s name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Observation of any behaviors that may constitute neglect or abuse should be reported immediately to the social worker with as much detail as possible.

Activity and actions of those involved:

Describe behaviors you saw and heard as specifically as you can:

Date you first noticed the behavior, how often you have seen it, and why you are concerned:

Note anything you said or did and what happened as a result:

Name(s) of others involved (if known): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The social worker may call a special meeting to discuss barriers and solutions to support the parenting youth. We are all working together to ensure the safety and well-being of all children.