Family First Prevention Services Program Descriptions and Eligibility Criteria

Family Preservation and Reunification Services (FPRS): Preservation Services

Description: In-home services for children and families, averting out-of-home care placement and maintaining children safely in their home.

Eligibility Criteria:

- Child(ren) meet the definition of a candidate for foster care to avert out-of-home placement (substantiated maltreatment or moderate to severe risks exist & need mitigation);
- (2) Planned or current substantiation of maltreatment, family in need of services findings, and an in-home ongoing case disposition.

Family Preservation and Reunification Services (FPRS): Reunification services Description: In-home services for child(ren) who will be or were recently reunified with parents or caregivers from out-of-home care placement to prevent further maltreatment or out-ofhome care entry.

Eligibility Criteria:

- (1) Title IVE reunification -Child(ren) are in the home of their parents/caregivers of return via trial home visit or return of custody and therefore meet candidacy for foster care.
- (2) Non-title IVE reunification a referral can be made before or after return home if a plan for

Duration, Service Intensity, Caseload, Age Limit, Statewide Accessibility

Duration: Based upon familial need, safety enhancement needs, and evidence-based practice (EBP) intervention(s) delivered.

- Minimum: 4-6 weeks.
- Maximum: 3-6 months with extensions available beyond this as necessary.

Service Intensity: Based upon familial need, safety enhancement needs, and state-approved EBP intervention(s) delivered such as Homebuilders; Motivational Interviewing; Trauma-Informed Cognitive Based Therapy (CBT); Motivational Interviewing; and Parent Child Interaction Therapy (PCIT).

- Intensive: 8-10 face-to-face hours/3-5 sessions a week (for example Homebuilders model).
- Less intensive: 3-6 face-to-face hours a week.

Caseload:

- Intensive: 2-3 cases at a time.
- Less intensive: Carry a caseload that adheres to an approved EBP model or no more than 24 hours of direct contact per week.

Age limit: 0-17 years old. **Region:** Available statewide.

Duration: Based upon familial need, safety enhancement needs, and EBP intervention(s) delivered.

- Intensive: 4-6 weeks.
- Less Intensive: 2-6 months with extensions available beyond this as necessary.

Service Intensity: Based upon familial need, safety enhancement needs, and EBP intervention(s) delivered.

- Less Intensive: 3-6 face-to-face hours a week.
- Intensive: 8-10 face-to-face hours/3-5 sessions a week.

Caseload:

- Intensive: 2-3 cases at a time.
- Less intensive: Carry a caseload that adheres to an approved EBP model or no more than 24 hours of direct contact per week.

Age limit: 0-17 years old.

Service Regions Served: Available statewide.

Intercept Evidence-based Practice
Prevention - EBP Specific Prevention
Programs

Description: Intensive in-home
parenting skill-building services to
children and youth at risk of entry or re-

entry.

Eligibility:

 Child(ren) meet the definition of a candidate for foster care;

- (2) Planned or current substantiation of maltreatment, family in need of services findings, and an in-home ongoing case disposition; and
- (3) All children and their families who are experiencing serious emotional and behavioral issues; or
- (4) All children and their families who have experienced child abuse or neglect.

Duration: 4-6 months in length for preservation 6-9 months in length for reunification.

Intensity: An average of 3 times weekly in the home and community.

Caseload: 4-5 cases at a time.

Age Limit: 0-17 years old.

Service Regions: Cumberland, Jefferson, North Eastern, Northern Bluegrass, Salt River Trail, Southern Bluegrass, Two Rivers, and The Lakes.

Intensive Care Coordination using High-Fidelity Wraparound (HFW) – EBP Specific Prevention Program

Description:

Intensive services for families with children that have complex emotional, behavioral, and mental health needs.

Eligibility Criteria:

Duration: Up to 14 months, with extensions permitted beyond this, as assessed by family progress/completion.

Service Intensity:

- 60–90-minute sessions for intensive engagement and initial planning.
- 2 team sessions the first 3 weeks to a month.

Caseload: Maximum of 10 cases at a time.

- Child(ren) meet the definition of a candidate for foster care;
- (2) Planned or current substantiation of maltreatment, family in need of services findings, and an in-home ongoing case disposition; and
- (3) All children and their families who are experiencing serious emotional and behavioral issues; or
- (4) All children and their families who have experienced child abuse or neglect.

Age limit: 0-17 years old.

Service Regions: Cumberland, Jefferson, and Salt River Trail.

Kentucky Strengthening Ties and Empowering Parents (KSTEP)

Description: A prevention service available to child welfare served families affected by parental substance use, combining intensive inhome services, quick access to substance use disorder treatment, intensive collaboration, and removal of familial financial barriers.

Eligibility Criteria:

- Child(ren) meet the definition of a candidate for foster care;
- (2) Planned or current substantiation of maltreatment, family in need of services findings, and an in-home ongoing case disposition;
- (3) Families with at least one child(ren) in the home age 0-9 years old;
- (4) Child(ren) who are at moderate to imminent risk of removal from their home; and
- (5) Parental substance use is the primary issue affecting child

Duration: Up to 8 months, with extensions permitted beyond this, as assessed by family progress/phase completion.

Service Intensity:

- 5-10 hours per week, 2 contacts a week (1 must include child(ren) for 2-5 months.
- 2-10 hours per month, 1 contact a week (must include child(ren) for 1-3 months.
- 1-8 hours per month, 1 contact a month (must include child(ren) for 1-2 months.

Caseload: Not to exceed 9 cases at a time.

Age limit: Age 0-9 year old

Service Regions: Cumberland, Northeastern, Northern

Bluegrass, and Salt River Trail.

safety.

Multisystemic Therapy Evidence-based Practice Prevention – EBP Specific Prevention Program

Description: Intensive in-home services for youth who are at risk for out-of-home placement due to anti-social or delinquent behavior, and/or serious juvenile offenses, and juvenile justice involved youth

Eligibility:

- Child(ren) meet the definition of a candidate for foster care;
- (2) Planned or current substantiation of maltreatment, family in need of services findings, and an in-home ongoing case disposition;
- (3) Youth between the ages of 12-17 and their families;
- (4) Youth are at risk for engaging in delinquent activity or substance misuse; and
- (5) Youth are at risk of out-of-home care placement.

Duration: 3-5 months.

Intensity: The intensity of services can vary based on clinical needs. The therapist and family work together to determine how often and when services should be provided throughout treatment.

Caseload: Not to exceed 6 cases at a time.

Age Limit: 12-17 years old.

Service Regions Served: Jefferson, Northern Bluegrass, Salt River Trail, and Southern Bluegrass.

START (Sobriety Treatment and Recovery Team)

Description:

START is an intensive child welfare program for families with co-occurring substance use and child maltreatment delivered in an integrated manner with the collaboration of local substance use disorder treatment providers.

Eligibility Criteria:

- New referral (not an active case);
- (2) Substantiated finding or family in need of services finding;

Duration: On average 14 months, with no maximum duration.

Caseload: Not to exceed 15 cases at a time.

Age limit: Under 6 years old.

Counties Served: Boone, Boyd, Campbell, Daviess, Fayette,

Jefferson, Kenton, and Pendleton counties.

*Foster care candidacy definition.

- 1. A victim of substantiated maltreatment in which existing safety and risk factors can be mitigated by the provision of in-home services;
- 2. A child for whom maltreatment has not been substantiated, however, moderate to severe risk factors for maltreatment are present and services are necessary to prevent maltreatment and subsequent entry into foster care:
- 3. A child who has recently been reunified for whom services to the family will mitigate identified risks, preventing further maltreatment and re-entry into out-of-home care, and a plan to return the child to their home exists.