# Pregnant and Parenting Youth

## Turning Unique Challenges into Protective Factors

### Reduced Opportunity for Normalcy in Adolescence

Increased responsible behaviors, goal development, and improved self-esteem through a sense of pride and accomplishment (CWIG, 2015).

### Increased Chance of Poverty or Homelessness (Taylor, 2013)

Reduced risky behaviors, such as drug and alcohol use and sexual activity.

### Increased Likelihood of Removal of Their Child(ren) from Their Care (Taylor, 2013)

Improved drive and motivation, since youth may be compelled or inspired to refocus on life goals out of desire to create positive and stable futures for themselves and their children (Ricks, 2016).

### Increased Trauma, Since a Significant Percentage of Young Women in Care Become Pregnant Due to Sexual Abuse or Nonconsensual Sex (Manlove 2011). This Leaves Many Young Women in Care as Single Parents Left to Cope with Significant Trauma.

Increased potential for healthy relationship development and positive adult connections (CWIG, 2015).

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**Relevant SOP**

- 2.11.2 Assessments of Parenting Youth
- 4.55.1 Pregnant Youth
- 4.55.2 Family Planning for Pregnant Youth
- 12.22 Parenting Youth Supplement

**Relevant SOP Forms**

- Parenting Together Plan for IL Programs
- Parenting Youth Tipsheet
- Parenting Together Plan
- DPP 116 Parenting Youth Supplement

**Brought to you by the Family Engagement Workgroup**