

Independent Living Curriculum Instructions

Eligibility requirements:

To be eligible to complete the curriculum and receive the \$250 incentive, youth must:

- Be at least 16 years old
- Be in an out-of-home placement (foster home, group home, fictive kin, etc.)
- Be committed to the Department for Community Based Services

Curriculum:

The independent living curriculum, LYFT Learning, is an online, interactive platform that supports youth in developing skills in the areas they will need to be successful in life, including resiliency, employment skills, personal finance, communication skills, healthy relationships, and independent living skills.

Eligible youth can access the curriculum at KYRISE@KY.GOV

Log-in Instructions:

Username:

All eligible youth have been assigned a username- their **first name, middle name, last name, year of birth** (for example, the username for Mary Tyler Moore born May 5th 2003 would be marytylermoore2003)

Password:

The default password is: Password!

Youth will be prompted to change their password the first time they log in.

Youth should also immediately update their email address in the system the first time they log in.

Youth will lose access to the system when they exit state's care. If a youth returns to care, their access will be reinstated.

Incentive:

Youth who complete the curriculum will receive a \$250 Target egift card. The gift card will automatically be emailed to the youth within 4 weeks of completing the curriculum. The youth should ensure the email they enter in the LYFT platform is correct. The email must be the youth's personal email address. The gift card cannot be emailed to someone else's email address, including a social worker, caseworker, foster parent, etc. The gift card also cannot be sent to a kyschools.us email address.

PDFs:

In addition to the online platform, LYFT also include PDF materials including action plans, application guides and other resources. Youth can print these forms directly from their online LYFT account. Partner agencies may also want to have copies ready to distribute to their youth. To request a workbook with the PDF materials, email: info@lyftlearning.com

Webinar

For a training on how to use the LYFT platform, click the link below:

[LYFT Learning Webinar](#)

FAQs:

Q: How old does a youth have to be to complete the curriculum?

A: Youth must be at least 16 years old to complete the curriculum.

Q: Are former foster youth eligible to complete the curriculum?

A: No, youth must be currently committed to complete the curriculum.

Q: Are youth who have already completed the paper IL packet and received the \$250 stipend eligible to complete LYFT?

A: Youth who have previously completed the paper IL packet are eligible to complete the LYFT curriculum, but they are not eligible for another incentive.

Q: Do you have to complete the entire curriculum to earn the incentive?

A: Yes! Youth must complete the entire curriculum to earn the incentive.