KSTEP PROGRAM PHASES

**PHASE ONE (AVERAGE 1-2 MONTHS)**
- Minimum 2 Face-to-Face Contacts Weekly
- 5-10 Hours Weekly Contact with Service and Treatment Providers
- Minimum Weekly Random Drug Screen Submission
- Initial Assessments Are Completed, and Treatment Recommendations Made, Family Agreement & Action Plan Created
- Initial FTM Within 6-14 Working Days & At Least Every 30 Days

**PHASE TWO (AVERAGE 2-3 MONTHS)**
- Minimum 2 Face-to-Face Contacts Weekly
- 5-10 Hours Weekly Contact with Service and Treatment Providers
- Minimum Weekly Random Drug Screen Submission
- FTMs Every 30 Days

**PHASE THREE (AVERAGE 1-3 MONTHS)**
- Minimum 1 Face-to-Face Contact Weekly
- 2-10 Hours Monthly Contact with Service and Treatment Providers
- Minimum Twice Monthly Random Drug Screen Submission
- FTMs Every 30 Days

**PHASE FOUR (AVERAGE 1-2 MONTHS)**
- Minimum 1 Face-to-Face Contact Monthly
- 1-8 Hours Monthly Contact with Service and Treatment Providers
- Minimum Monthly Random Drug Screen Submission
- FTMs Every 30 Days
- Aftercare Planning/Program Completion

**ADDITIONAL INFORMATION**
- KSTEP is a program that was designed to help you keep your children safe at home with you while you participate in substance use treatment.
- KSTEP phase timeframes (referenced in the KSTEP Program Phases listing) are averages and can vary from family to family, depending on the maintenance of sobriety and progress of the family.
- All KSTEP phase changes are determined at FTMs in collaboration with all providers.
- Updates regarding your substance use disorder treatment, in-home services participation, progress on action plans, successes, barriers, and drug screen results are provided to your DCBS social worker every week throughout the KSTEP program.

**WHAT IS KSTEP?**

KSTEP is an in-home service program offered to families with an open CPS investigation, with children at moderate to imminent risk of entering out-of-home care. KSTEP is for families experiencing substance abuse risk factors and is intended to increase case coordination services, improve partnerships between families and providers, and allow for rapid access to clinical services, such as substance use disorder treatment.
Why is KSTEP the Program for Me?

❖ I have a child under the age of 10 in my home.
❖ There is evidence that substance use issues are causing a risk of harm to my child(ren) and there is a chance they may be removed from my home.
❖ This program is my opportunity to receive treatment and assistance in keeping my child(ren) safe and in my home.

What Can I Expect from Being in KSTEP?

❖ You will be contacted within 24 hours by a KSTEP representative, who will set up an immediate appointment to meet with you and your family.
❖ A KSTEP therapist will meet with you within 24 hours by telephone for a brief treatment recognition (TTR) to determine a treatment plan and set up an initial appointment to meet with your child(ren) and family.

What Are My Expectations in KSTEP?

❖ You must participate in the drug screening process.
❖ You are expected to follow all treatment plans and recommendations.
❖ You must be honest and open in your communication with your providers.
❖ You must implement new plans and skills that you learn to keep you and your family safe.